



Chrysalis is a non-profit organization with a **mission to promote mental health and substance use recovery in our community by supporting work opportunities that encourage hope, healing, and wellness.** Chrysalis is primarily funded by a Dane County Department of Human Services and also receives funding from Community Shares of Wisconsin, the Wisconsin Department of Vocational Rehabilitation, and community donors. To learn more, visit workwithchrysalis.org or call 608-256-3102.

[MOVING FOR MENTAL HEALTH 5K & 1 MILE RUN/WALK + Collective Movement \(In Person & Virtually\)](#)

We invite you to help us celebrate our 10th Annual Moving for Mental Health on Sunday, May 2nd, 2021 by becoming an event sponsor! Last year over 150 runners and walkers came together virtually to support Chrysalis and recognize the important role work and physical activity play on wellness. This year we are offering in-person and virtual options to participate including an in-person Run/Walk and Virtual movement through our **[Facebook Group We're Still Moving for Mental Health](#)**, currently with over 500 members. These options provide a safe way to move, while raising awareness about the benefits of a holistic approach to mental health treatment. All proceeds from this day of fun and exercise go directly to supporting Chrysalis' ongoing work to provide individualized vocational services to persons in our community who have mental health challenges.

Show your support for mental health by becoming a sponsor. Moving for Mental Health will be advertised throughout the Madison community. Moving for Mental Health is a family friendly event – strollers are welcome. We invite you to review our sponsorship levels and their benefits.

Sponsorship Levels

\$1,000+

- Space to promote/provide promotional materials before and after the run/walk
- Verbal recognition at the event
- Logo posted on the event promotional materials.
- Logo on the Chrysalis website
- Sponsor 10 mental health client's participation in this event

\$500

- Logo posted on the event promotional materials.
- Name on the Chrysalis website
- Sponsor 5 mental health client's participation in this event

\$250

- Name posted on the event promotional materials.
- Name on the Chrysalis website

Please contact Alysha Clark, Assistant Director (608)256-3102 or clark@workwithchrysalis.org