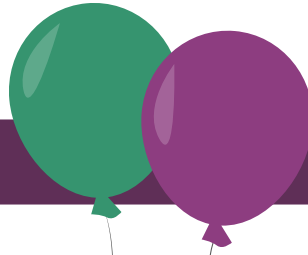




1342 Dewey Court, Madison, WI 53703



## Chrysalis Turns 40 in 2020!

We're celebrating four decades of mental health recovery in our community! We set an ambitious goal of raising **\$40,000** by December 31, 2020. Today we support 250 clients. With these funds we will support even more people through work opportunities that encourage hope, healing, and wellness. Please help us reach our goal! Donations can be mailed in the envelope provided or by visiting [workwithchrysalis.org](http://workwithchrysalis.org).

Thank you from all of us at Chrysalis!

## 40 Years A Look Back, and a Look Forward

By Linda Keys, Founder of Chrysalis and Current Board Member

It is with great pleasure that I return as a Board member to find amazing growth and the community treasure that is Chrysalis today. Since becoming a stand-alone 501(c)(3) non-profit in 1979 the scope and size of Chrysalis continues to grow to meet the needs in our community. Over the past 40 years Chrysalis has:

- Grown from one full-time and one part-time staff, to 17 full-time and two part-time employees.
- Expanded from a single office to a 6,000-square foot work-space with a need for more.
- Increased reach to support individuals with mental health and substance use disorders.

Chrysalis is now a leader in the Peer Specialist movement and provides the gold standard for Supported Employment (Individual Placement and Support, IPS). Chrysalis has recently started providing Service Facilitation so that those most challenged can heal and grow through meaningful work.



## DONATE TODAY!



## 2019 Chrysalis Awards



Alysha Clark  
Chrysalis Assistant Director  
Peer Specialist of the Year  
Award from NAMI Dane Co



David Gober  
Chrysalis Consumer  
2019 Achievement  
Award Recipient

*"I was tired of listening to negative voices in my head saying I can't work, looking at the four walls. My supportive team said yes you can. I took the plunge and had the desire not to be lonely and had the negative voice take a back seat." - David*

Chrysalis Pops is a Madison-grown social enterprise that offers community members living with mental health challenges an opportunity to gain meaningful, paid work experience. We work with community partners from seed to sales; growing and harvesting local organic produce, transforming it into delicious frozen fruit pops in the kitchen, and then selling them at farmer's markets and special events throughout our community.



Cater your next event with Chrysalis Pops! Visit [workwithchrysalis.org](http://workwithchrysalis.org) to place your order.

## Creating an Innovative Wellness Space

By Dani Rischall, LCSW, Chrysalis Executive Director

Transformation is at the core of everything we do at Chrysalis. From our agency name, referencing the metamorphosis of a butterfly, to the process of growing the produce used in our Chrysalis Pops. We honor transformation, we promote change, and we celebrate each person's individual recovery journey.

We recognize that **meaningful work and a sense of community are key components of wellness**. Together, we support individuals as they explore their interests, build skills, and reach their employment goals.

Chrysalis continues to transform. Over the past three years, our agency has tripled in size. We now support over 250 people living with mental health and substance use challenges each year!

Now we need a space to come together as a staff, to expand opportunities for clients to connect, and to share our mission with our community.

- Gallery nights featuring Chrysalis artists
- Fitness classes for Chrysalis clients
- Community events to promote wellness
- Shared meals and space to connect

As we increase our impact during our 40th year, we would love your help. Together, we can create an inclusive wellness community at Chrysalis. To donate, use the enclosed envelope or visit [workwithchrysalis.org](http://workwithchrysalis.org). Thank you for your support.

Let us know your thoughts via email, [transform@workwithchrysalis.org](mailto:transform@workwithchrysalis.org) and social media [#chrysalistransformations](https://twitter.com/chrysalistransformations).

We'll post updates on our progress and volunteer opportunities!

Stay tuned for details on an Open House in 2020 to celebrate 40 years!

*Before*



*After*

## Important Dates to Save in 2020!

*March 3rd, 2020*



COMMUNITY SHARES OF WISCONSIN

An online day of giving hosted by Community Shares of Wisconsin for nearly 70 local nonprofits dedicated to equity and justice. Visit [thebigshare.org](http://thebigshare.org) to learn more.

*May 3rd, 2020*



MOVING FOR MENTAL HEALTH

Chrysalis 9th Annual Moving for Mental Health 5K & 1 Mile Run/Walk to recognize the importance of work, and physical activity on mental health. Visit [workwithchrysalis.org](http://workwithchrysalis.org) to learn more.

Please share our story with others