



Chrysalis is a non-profit organization whose **mission is to promote mental health recovery in our community by support work opportunities that encourage hope, healing, and wellness.** Chrysalis is primarily funded by a Dane County Department of Human Services and also receives funding from Community Shares of Wisconsin, the Wisconsin Department of Vocational Rehabilitation, and community donors.

To learn more, visit [workwithchrysalis.org](http://workwithchrysalis.org) or call 608-256-3102.

### **Moving for Mental Health**

Please help us celebrate our 7<sup>th</sup> Annual Moving for Mental Health on Sunday, May 6th, 2018 by becoming a sponsor or volunteer! Participants can choose to take part in a 5K Run or 1-Mile Fun Walk.

Last year 200 runners and walkers came out to support Chrysalis and recognize the important role work and physical activity play in mental well-being. The Capitol City Trail provides a safe and beautiful path to jog and walk through while raising awareness about the benefits of a holistic approach to mental health treatment. All proceeds from this special day of fun and exercise go directly to supporting Chrysalis' ongoing work to provide individualized vocational services to persons in our community who have mental illnesses.

Show your support for work, physical health, and mental wellness by becoming a sponsor. Moving for Mental Health will be advertised throughout the Madison community. Moving for Mental Health is a family friendly event – strollers are welcome. We invite you to review our sponsorship levels and their benefits.

### **Sponsorship Levels**

#### **\$1,000+**

- Space to promote/provide promotional materials before and after the run/walk
- Logo on Chrysalis website and promotional materials
- Verbal recognition at the run
- Sponsor 10 mental health clients participation in this event

#### **\$500**

- Logo on the Chrysalis website and promotional materials
- Sponsor 5 mental health clients participation in this event

#### **\$250**

- Name on the Chrysalis website

### **Volunteer Sponsor**

- We are also looking for a group of 15-20 volunteers to help guide the participants on the course. We will provide volunteer t-shirts, snacks, and a great time!
- Verbal recognition at the run

Please contact Dani Rischall, Executive Director at (608) 256-3102 or [rischall@workwithchrysalis.org](mailto:rischall@workwithchrysalis.org)