



## Ways to support:

Chrysalis greatly relies on the support of our community. Your contributions make a huge difference and allow us to serve 50+ clients and 40+ non-profits each year!

**\$25** provides annual recognition certificates to all Chrysalis volunteers

**\$50** funds five hours of volunteer experience for one client

**\$75** allows Chrysalis volunteers to seal 50,000 pieces of bulk mail

**\$100** supports the creation of an individualized vocational goal plan

In-kind donations are greatly appreciated. Decaf coffee, non-perishable snacks, mailing tabs, sealers, rubber bands, cleaning supplies, & even used office furniture are all useful items.

Have you had a great experience working with the Chrysalis Work Center? Send us a short testimonial about how the Work Center has helped your organization. We can use quotes in our marketing materials to illustrate how our clients give back to the community.

Has the Work Center completed work for you on a regular basis? Why not recognize Chrysalis in your publication? This helps us spread the word about our services... we even have a template you can use!

Word-of-mouth recommendations are always appreciated! Our volunteers like to be busy and challenged, so we are always looking for new projects. If the Work Center provides a valuable service for your agency, please tell others!

## Work Center

### Things to Remember When Bringing a Project In:

**We are happy to sort your mailings by zip code and tray them for you, but we ask that you please:**

- **Bring your bulk mailing trays (trays are available for free at the Post Office at 3902 Milwaukee St.)**
- **Print your address labels separated by zip code if you would like them zip sorted**
- **Provide a sample of the finished project**

**We are able to complete most orders within 2-3 business days, depending on the size and complexity of the order. Some flexibility is appreciated.**

**The Work Center is open from 9am - 3pm for drop-off & pick-up.**

**In 2010, Chrysalis volunteers completed approximately 255,000 pieces of bulk mail for the following non-profits:**



Catholic Charities • Children's Service Society of WI • Circle Sanctuary • City Housing • Coalition for Wisconsin Health • Dane County Emergency Management • Department of Natural Resources • Department of Transportation • East Madison Community Center • Family Support and Resource Center • Gathering Waters Conservancy • Grassroots Leadership College • Hancock Foundation • Ice Age Trail • Madison Insight • Madison Theatre Guild • Mental Health Center of Dane County, Inc • Midwest Environmental Advocates • NAMI WI • National Sustainable Agriculture Coalition/Michael Field's Institute • Neighborhood House • Porchlight • Rape Crisis Center • The Road Home • Section 8 Housing • Senior Council • Student Center Foundation • Survivors of Suicide • Trout Unlimited • VSA Arts of Wisconsin • Wisconsin Association of Arts and Crafts • Wisconsin Family Ties • Wisconsin Literacy • Wisconsin Network for Peace and Justice

### Have You Seen Our New Workspace?

Last year, we moved into our new building at 1342 Dewey Ct. The Work Center is now housed in a single room, which creates a more communal feel and increased volunteer capacity. If you haven't seen the new space, stop by and check it out!



Transforming lives through work

# Work Center Program

The Chrysalis Work Center program offers a unique opportunity for individuals with mental illness to develop their professional and interpersonal skills while supplying a valuable service to the community. By providing free bulk mail preparation for area non-profits, volunteers in the Work Center program are able to hone their work skills and develop a sense of confidence and self-esteem in a friendly, low-stress environment.

In 2010, Chrysalis served 51 Work Center consumers

Consumers volunteer an average of 6 hours per week  
Total hours volunteered in 2010: 8771.5

## What Work Center Volunteers like about Chrysalis:

*"It occupies my time and makes me feel good about volunteering... and gives me a chance to work on my independence and responsibility."*

*"It's a meaningful place to go to contribute... I'm proud to be here and it gives me a more positive outlook on life and its prospects."*

## What our non-profit partners say:

*"The staff and volunteers at the Chrysalis Work Center provide a valuable service for VSA Wisconsin. The Chrysalis team processes large bulk mailing projects for our organization with fast, friendly service, improving our efficiency and helping us to promote our programs and giving opportunities. We are truly grateful for this partnership that benefits the missions of both organizations."*

*Kathy Paul, Development Associate, Very Special Arts of Wisconsin*

## Alice, working towards recovery in the Chrysalis Work Center

Back in 2008, "Alice" felt like her life was missing something. She felt listless and lacked meaningful activity in her daily life. She says she spent her days "smoking cigarettes and watching TV."

That summer, Alice started volunteering at Chrysalis, working two afternoons a week in the Work Center. She was immediately impressed by the friendly, positive atmosphere she found. Before long, she asked staff if she could work longer shifts. She added a third day to her schedule, then a fourth. Today, Alice volunteers five days a week in the Work Center and is a valuable member of the team. Her drive and dedication to her work allows her to tackle even the most complex projects.

Alice says that her favorite thing about Chrysalis is the welcoming environment. "When you get along with your bosses, and your bosses are nice to you, you feel comfortable," she says. In her words, she looks forward to work every day because her fellow volunteers in the Work Center all feel like "one big family."

